NEW MOON POSTER INSIDE METRO TODAY

Health pg 18

Betrayed wives talk to cope

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VANCOUVER MAY 19, 2009 metronews.ca

Celebrity pg 22

Paris not welcome in the 'hood?

Canada lifts travel advisory on Mexico

HEALTH Canada is lifting an advisory against non-essential travel to Mexico as cases of influenza A (H1N1), also known as swine flu, start to wane there.

The federal government says travel to Mexico — the epicentre of the swine subtype of H1N1 — is no longer a risk to Canadians since the virus has been spreading through Canada for some time.

The Canada Border Services Agency will continue to visually check travellers for signs of illness.

The Public Health Agency of Canada, however, warns those at risk of complications from any form of influenza to consult their doctor before going to Mexico.

TORSTAR NEWS SERVICE

SunnySide

Follow Metro's SunnySide initiative as we help you find the good news around Vancouver and Canada. This is also a Call to Action for you to send us your suggestions at vancouverletters@metronews.ca, metronews.ca or on Twitter @metrovancouver.

On metronews.ca

- **Share your SunnySide thoughts on Twitter using #sunnyside**
- **See what other Metro readers are doing and saying about SunnySide**
- **Enter for a chance to win a Sony Blu-ray player**

This week

- **Comment — Andrea Woo on relationships**

Please recycle

Rodeo **Whirl Wide ride**

JEFF HODSON/METRO VANCOUVER

Jody Turner of Cochrane, Alta., rides bull Whirl Wide during the finals of the 63rd annual Cloverdale Rodeo yesterday. Turner tied for third in the competition. Sunshine drew more than 20,000 people to the event during the Victoria Day long weekend. Story, pg 3

City's economy to be lit by Games: Expert

KRISTEN THOMPSON
kristen.thompson@metronews.ca

As cities struggle to buoy their economies during these tough financial times, Vancouver has an advantage most others don't — the fast approaching Olympic Games.

Bernie Magnan, chief economist at the Vancouver Board of Trade, said our city is in a unique position to rebound well from the economic crisis in large part because of the legacies the Games will have left behind.

Sunny Side

"We have several positives going for us," Magnan said. "One is the fact that we continue to be rated as one of the most livable cities in the world."

"Secondly, the Olympics are going to bring the spotlight (on us) … and we happen to have several prebuilt facilities in the two (hockey) rinks and (now) the Richmond Oval."

Magnan said other infrastructure projects, including the Port Mann Bridge and new port facilities, will leave the region well set up for future growth.

"They employ people and bring goods and services (and) as the economy goes upward we'll be able to take advantage of the upraise to provide more shipping."

Magnan

He added that Vancouver's role as a media and entertainment industry hub will keep money and jobs flowing.

Pixar recently announced plans to locate its studio here, adding to a local home base shared with Rainmaker, Electronic Arts and Microsoft.

Magnan said a new digital arts academy will build on a pool of individuals who are employable with these studios.

"There is also the fact that Vancouver is considered a green city and … trying to have some densification and improve the transportation," said Magnan. "All of those things are helping to set us up for the upturn in the economy."

Boy dies after slip into creek

JEFF HODSON
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WEEKEND A North Vancouver family is "devastated" after their six-year-old boy died when he fell into Lynn Creek, RCMP said yesterday.

The boy, who would have turned seven next month, was with his stepmother and was playing on the rocks at the popular hiking trail when he slipped into the swiftly moving water before 2 p.m. on Sunday, said Cpl. Marlene Morton, an RCMP spokeswoman.

Rescuers, including members of North Shore Rescue and the RCMP, spotted the child about an hour later from a helicopter. He was about 400 metres downstream from where he had fallen in.

By the time they reached him, the boy was in full cardiac arrest and was airlifted to B.C. Children's Hospital in Vancouver.

"We'd like to encourage people to stay away from the water's edge," said Morton.

"The rocks are slippery and now with the winter melt off the water rushes really strongly."

Toll

- It was a deadly Victoria Day weekend in B.C. as six others also lost their lives while taking part in outdoor activities and on the province's roads.

MORE COVERAGE, PG 3

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Turks and Caicos 4-Star FROM **$1157** + taxes & fees $244

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July Weekend Holidays

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FROM **$239**
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INCLUDES 4 nights 3.5-star accom in the heart of Whistler Village. **ADD** car rental with unlimited mileage from $136.

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Sun Peaks Canada Day Weekend FROM **$399** taxes & fees included

INCLUDES 5 nights 4-star accom in the heart of Sun Peaks Village. **ADD** car rental with unlimited mileage from $169.

Banff Canada Day Weekend FROM **$595** + taxes & fees $133

INCLUDES roundtrip airfare and 4 nights 3-star accom in Banff. **ADD** car rental with unlimited mileage from $84. **ADD** discover grizzly bears tour from $139. **ADD** canyon river rafting from $96.

Montreal Canada Day Weekend FROM **$695** + taxes & fees $152

INCLUDES roundtrip airfare and 4 nights 3-star accom in downtown near Old Montreal. **ADD** Montreal hop-on hop-off tour from $40.

P.E.I. Canada Day Weekend FROM **$935** + taxes & fees $185

INCLUDES roundtrip airfare and 4 nights 4-star accom in the heart of downtown Charlottetown. **ADD** 18-hole round of golf at Green Gables Golf & Country Club from $160.

Holidays

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Las Vegas 4 Nights FROM **$275** + taxes & fees $119

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San Francisco Getaway FROM **$448** + taxes & fees $110

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Hiker rescued
A hiker had to be rescued on Sunday after spraining an ankle while doing the Grouse Grind. The trail, which still has about a metre of snow at the top, is officially closed and isn't expected to open for another 10 days. NEWS1130.COM

Local

Oval wins architectural award

The Richmond Olympic Oval, left, has won an award for Architectural Innovation from the Royal Architectural Institute of Canada. The jury praised the Oval's innovative use of pine beetle-killed wood spanning the "elegant" roof as well as the building's transparency, which maximizes daylight.
METRO VANCOUVER

News in brief

FIGHT A 17-year-old had his orbital bone broken and another young man suffered a minor stab wound to his abdomen after a fight occurred at a Burnaby house party early yesterday morning.

SUSPECT A 12-year-old boy bicycling home from a friend's house in Maple Ridge said a man offered him candy to get into a white Ford pickup truck, RCMP said yesterday. The boy, who rode off, described the suspect as a 50-to-70-year-old balding man with white grey hair. METRO NEWS SERVICES

metronews.ca
What's online today.

Video Analysis of the he-said, he-said twists of the inquiry into Brian Mulroney business deals at **metronews.ca/canada**

Video Employees anxious as Newfoundland offshore flights resume two months after fatal chopper crash at **metronews.ca /canada**

Video Peter MacKay talks about Canada's post-combat role during a visit to Afghanistan at **metronews.ca /canada**

Lotteries

Friday, May 15
Lotto Super 7: 3, 4, 7, 16, 19, 26 & 45. Bonus 35
Saturday, May 16
Lotto 6/49: 16, 17, 23, 27, 30, 45. Bonus 39.
BC 49: 3, 14, 16, 18, 27 & 39. Bonus 24
Extra: 17, 41, 46, 59
These results are not official.

Sun shines on rodeo

Pleasant weather helps draw big crowds to Cloverdale

JEFF HODSON
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Predominately sunny long-weekend skies meant a good turnout at this year's Cloverdale Rodeo.

In all, more than 20,000 spectators turned out to watch one of five competitions over the four days of the 63rd annual rodeo.

"This has been an awesome year," said Penny Smythe, who has chaired the rodeo for the past eight years. "We're weather driven and when we have good weather the crowds come out."

Saturday and Sunday were sell-outs, she said, while rain during yesterday's final "didn't hurt that bad."

The rodeo, the second highest paying in Canada ($360,000 in prize money) drew the best riders from across Western Canada and the U.S.

It adopted an "invitational" format last year, dropping its calf-roping and steer-wrestling competitions in response to protests.

Smythe, who has been involved in the rodeo for more than 20 years, said the new format is doing well.

"It's taken us a little while to get things sorted out," Smythe said. "But all in all the cowboys have been very receptive and supportive of it."

JEFF HODSON/METRO VANCOUVER

Wes Stevenson of Lubbock, Wyo., competes in the bareback riding competition yesterday during the 63rd annual Cloverdale Rodeo.

Man dead after shooting at strip club

KELSEA BLOXAM
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CLOVERDALE A Surrey man is dead and another remains in hospital in critical condition after a shooting at a Cloverdale strip club.

The two victims were transported to hospital where Christopher Roy Whitmee, 34, died of his injuries.

RCMP Cpl. Dale Carr said investigators are trying to determine whether Saturday night's shooting at the Cloverdale Show Lounge is linked to drugs or gangs.

"The shooting has indicators of being a targeted shooting," Carr said.

"We are attempting to establish whether we have one person that was the intended target of the shooting and the other being a bystander."

Shortly after the shooting a hit-and-run took place at the nearby intersection of Highway 10 and 176 Street.

Mounties are asking the driver to come forward so they can eliminate him or her as a suspect in the shootings.

Deadly toll for long weekend

DEATHS Seven people died in B.C. while taking part in outdoor activities or on the province's roads this Victoria Day long weekend.

The body of a 46-year-old man was found in the Barriere River near Clearwater, RCMP said yesterday. Adrien Joseph Lozeau was at a gathering with about 15 others on Sunday when he went missing around 1 p.m. His body was located about one kilometre downstream from the campsite by helicopter.

On Sunday, two people in their 50s died and another was injured after a pickup truck rolled off the road in Merritt.

That same day, a six-year-old boy died after falling in the water and being swept away at Lynn Creek in North Vancouver.

On Saturday, a Chilliwack woman, 46, died after falling from the top of Rainbow Falls near Harrison Host Springs.

On Friday night, two people died near Port Alberni. A 53-year-old man is missing and is presumed drowned after he and his common-law wife fell out of their boat on Sproat Lake. At Nahmint Lake, a 23-year-old man died of his injuries after failing to negotiate a curve on his ATV.
METRO VANCOUVER

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'Prince of Pot' to challenge denial of business licence

Vancouver's self-proclaimed "Prince of Pot," Marc Emery, will be at Vancouver City Hall this morning to challenge the city's decision not to issue him a business licence for his three stores on Hastings Street. Emery will head to court June 1 to fight extradition to the U.S., where he would face charges of selling marijuana seeds to Americans. METRO VANCOUVER

Dancers leap at opportunity

Fewer performing jobs to be had, PNE hopefuls lament

MINÉ SALKIN
for Metro Vancouver

Nearly 300 dancers auditioned yesterday to be part of a summer production at the Pacific National Exhibition — a much-needed opportunity, according to some dancers who say auditions are dwindling.

Elise Melo, who started dance lessons at age nine, blamed the poor economy and government underfunding of the arts for the decline.

"It's been tougher to find work. There were maybe only half as many auditions this year compared to previous years," Melo said.

The 22-year-old dance instructor has toured Canada for the last two years with dance companies such as the Source and Groove Street.

She's now competing for a spot in Kaboom!, a "pyro-musical" dance performance counting down to the PNE's 100th anniversary in 2010.

Christie Manning, another hopeful, worked as a dancer three summers ago at the PNE and said the competition this year is greater.

"It's one of the few local paying jobs for dancers available," she said. "The show is very theatrical, a bit cheesy and takes a lot of energy, but a lot of people want the job."

The dancers will be performing daily from Aug. 22 to Sept. 7.

MINÉ SALKIN/FOR METRO VANCOUVER

Chantal Smiling, left, Christie Manning, centre, Elise Melo, right, and Juliana Bergstrom audition for the PNE's annual dance productions yesterday.

Toon Rock Parade

• On Sunday, character performers tried out for Toon Rock Parade, a mobile rock 'n' roll show with cartoon characters and giant inflatables.

8 alleged gangsters charged

CRIME Eight alleged members of the UN Gang have been charged with conspiracy to murder in a crackdown that police say has virtually wiped out the group's leadership.

The men are accused of plotting to kill the leaders of the rival Red Scorpions, supposedly the Bacon brothers. The gangs have been fighting for control of the retail drug trade in Vancouver's suburbs — usually involving imports of cocaine from Mexico and exports of marijuana.

Police also said their investigation, which led to Friday's arrests, had uncovered 20 weapons with more than 100,000 rounds of ammunition, as well as grenades, plus $265,000 in cash. REUTERS

Body of missing pilot found

DEATH The body of a Kelowna man was found four days after his vintage plane went missing over B.C. skies.

The 83-year-old pilot was travelling to Kelowna from Cranbrook when his 1946 Areocoupe went down last Wednesday.

Search-and-rescue crews found the crash site in an area between Nelson and Crawford Bay.

His name has not been released at the request of his family. KELSEA BLOXAM/ FOR METRO VANCOUVER

30,000 government workers asked to take time off work

SAVINGS The B.C. government is asking 30,000 of its employees to take a voluntary day off per week this summer to help the province save money.

From June 24 to Sept. 4, public servants can take 20 per cent off their normal work week as an unpaid leave of absence, CBC News Online reports.

According to the government, the pilot project could save an estimated $5 million if half of its employees participate. METRO NEWS SERVICES

News in brief

ARREST A 27-year-old man from North Vancouver was Tasered at the Bayshore Hotel yesterday. Police said the man was trying to check into the hotel using a fraudulent credit card and struggled when officers tried to arrest him.

REMEMBRANCE On June 6, an East Vancouver playground will be named after a former area resident, police Sgt. Larry Young, who died in the line of duty during the high-risk arrest of a drug dealer. METRO NEWS SERVICES

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111 - 3823 Henning Dr.
204B - 3430 Brighton Ave.

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Cottonwood Mall
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11 - 45905 Yale Rd.
7544B Vedder Rd.

Cloverdale
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Coquitlam
Coquitlam Centre
101 - 3278 Westwood St.
5 - 3000 Lougheed Hwy.
2700B Barnet Hwy.
22 - 2988 Glen Dr.
2 - 901 Lougheed Hwy.

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Pitt Meadows
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30 - 16041 24th Ave.
1675 128th St.
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10310A 152nd St.

West Vancouver
Park Royal Shopping Centre
North/South

White Rock
Semiahmoo Shopping Centre
10 - 3189 King George Hwy.

OKANAGAN/NORTHERN BC

Aberdeen Mall (Kamloops)
Northills Centre (Kamloops)
C - 1815 Rogers Place (Kamloops)
Orchard Park Mall (Kelowna)
Spall Plaza (Kelowna)
Cherry Lane Shopping Centre (Penticton)
Pine Centre (Prince George)
Piccadilly Mall (Salmon Arm)
Village Green Mall (Vernon)

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Squamish
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Canadians map flu virus in Alberta swine

Canadian scientists have mapped the full genetic sequence of influenza A (H1N1), also known as swine flu, that infected a herd of pigs in Alberta, and confirmed it matched the virus spreading in people around the world. REUTERS

Canada

Officials conduct cormorant cull

Gunfire from Parks Canada officials shattered the silence on Ontario's Middle Island in Lake Erie — where the balance of nature is so delicate visitors are banned from May to September — in a recent cull of cormorants. Officials used .17-calibre rifles to kill 1,600 double-crested cormorants, widely unloved fish-eating migratory birds with the nasty habit of destroying trees in which they nest and the undergrowth beneath. TORSTAR NEWS SERVICE

Group chides plan to save caribou

CONSERVATION An Ontario plan on how to save the endangered woodland caribou is getting a failing grade from environmental groups.

The plan is proof the Ministry of Natural Resources is trying to "suck and blow" at the same time, attempting to address conservation concerns without damaging the forestry industry, said Janet Sumner, executive director of the Canadian Parks and Wilderness Society Wildlands League.

"The caribou conservation plan is supposed to get them out of the red zone, but it plays a balancing game," she said.

Woodland caribou live in Northern Ontario and are designated in the provincial Endangered Species Act as threatened.

TORSTAR NEWS SERVICE

News in brief

SHUTDOWN The medical community faces a shortage of diagnostic isotopes after the shutdown of a nuclear reactor near Chalk River, Ont., prompted by a water leak. The Atomic Energy of Canada Limited said the reactor will down for a month, adding it has enough isotopes for the week, but will be unable to meet demand by Saturday. METRO NEWS SERVICES

NATURE A magnetic formation running deep beneath Toronto might explain why songbirds head there on their spring migration, experts say. Instead of skirting Canada's largest city, with its highrise obstacles and concrete landscapes, birds by the tens of thousands hone in on the place as though following a compass. "For some reason Toronto attracts birds," said Ralph Toninger, manager of Tommy Thompson Park, south of Toronto's downtown.

TORSTAR NEWS SERVICE

Possible reprieve for Black

U.S. Supreme Court would consider overturn of fraud conviction

In a rare and surprising decision, the U.S. Supreme Court announced yesterday that it would consider overturning a fraud conviction against fallen media baron Conrad Black, who is currently serving his 6½-year sentence in a Florida prison.

Black

The ruling left three of Black's lawyers shocked but elated, noting that even supporters of the Canadian-born figure know how unusual it is for judges of the nation's highest court to rule in favour of a request by a criminal defendant.

"It is estimated that only about one in 500 applications for certiorari (review of a lower court's decision) are successful," said Black's Chicago-based lawyer, Edward Genson. "One in 500 would be generous. It's always a surprise to get it."

As usual, the court gave no reason for its decision.

Miguel Estrada, who prepared the appeal for Black and former executives John Boultbee and Mark Kipnis, saw the decision as a "preliminary victory" for Black, who has maintained his innocence throughout his long legal ordeal.

TORSTAR NEWS SERVICE

Business goes on

- Whether it succeeds or fails, Conrad Black's appeal will have no impact on the potential sale of the Chicago Sun-Times, a New York bankruptcy specialist says.

"It would have no effect," Joshua Angel, debtor-side bankruptcy attorney with Herrick, Feinstein LLP of New York City, said in an interview yesterday.

Mom and infant found dead

INVESTIGATION Around 8:20 p.m. on Saturday, a missing-persons report was filed with Ontario Provincial Police for Kerry Freda Walters, 25, her daughter Starla, 11 months, and a 28-year-old male.

The bodies of Walters and Starla were found Sunday inside a residence in Carleton Place, Ont.

Investigators with local crime units have deemed the circumstances surrounding their deaths suspicious. Foul play is suspected. Postmortems for the victims are scheduled today. METRO CANADA

Ottawa **Museum day**

TRACEY TONG / METRO CANADA

National Gallery of Canada interpreter Tamara Sponder, right, helps Ottawa resident and budding artist Charran Auguste, 8, with a sun print outside the gallery yesterday. Thousands of people attended as the gallery opened its doors for free for International Museums Day.

Oilsands emit more carbon, say experts

POLLUTION Canada's oilsands emit more carbon dioxide than average crude so developers need a clearer picture of where greenhouse gas regulations are headed to find the best way to tap the giant resource, experts said.

"The future regulation of greenhouse gas emissions in the United States and Canada will influence the pace of development," of the oilsands, said James Burkhard, an analyst at the energy consultants Cambridge Energy Research Associates, Inc.

"Clarity on carbon regulation in both Canada and the United States would help regulators and investors to make decisions."

The U.S. House of Representatives has begun debating a climate bill that could regulate emissions of greenhouse gases from economy-wide sources. The United States is the largest consumer of oil exports from Canada, which is developing its own federal policy.

CERA report

- A CERA report on the oilsands released yesterday found that the resource emits about five per cent to 15 per cent more carbon dioxide, over the "well-to-wheels" lifetime analysis of the fuel, than average crude oil.

Green groups, church leaders and some scientists have slammed the oilsands for polluting water and air.

Greenhouse gas emissions of the oilsands have come into focus especially because developers must blast the gooey crude with large amounts of energy-intensive steam to separate the oil from sand. They burn large amounts of natural gas, emitting volumes of carbon dioxide in the process.

It is also more expensive to melt crude from the oilsands, and developers need a price of at least $50 a barrel to make a profit.

REUTERS

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German woman beaten up over asparagus prices

German police are searching for a motorist who assaulted a 24-year-old woman selling white asparagus because he was upset about the price she was charging for the vegetable. Prices for white asparagus in Germany fluctuate wildly during the spring. REUTERS

World

Women enter Kuwaiti parliament

Four women won seats in Kuwait's parliament Saturday, a first in the Arab state's history. Aseel al-Awadhi, Massouma al-Mubarak, Salwa al-Jassar and Rola Dashti, left, were elected. Women were first granted the right to vote and run for office in Kuwait in 2005. Despite the progress, analysts say the election is unlikely to end the political deadlock that has delayed economic reforms in the Persian Gulf nation. REUTERS

Pakistani army battles Taliban

INSURGENCY Pakistani soldiers were locked in heavy fighting with Taliban militants yesterday, the army said, as the government won support for the offensive from political parties. Twenty-seven militants including three commanders had been killed in the previous 24 hours while three soldiers were killed and 17 wounded, military sources said. In all, more than 1,000 militants have been killed in the offensive, the government has said, while more than 50 soldiers have been killed, according to the military. REUTERS

Refineries not affected by quake

IMPACT Production at California oil refineries owned by Valero, BP, and Tesoro were not impacted by an earthquake that hit the region late Sunday, sources said yesterday. Kinder Morgan Energy Partners, which operates pipelines in the region, also said operations were not affected. The quake had a magnitude of 5.0 and was considered "moderate," according to the U.S. Geological Survey. REUTERS

Effects worse for women: Study

HEALTH Women may be especially susceptible to the toxic effects of cigarette smoking, U.S. researchers said yesterday.

They said women who smoke develop lung damage earlier in life than men, and it takes less cigarette exposure to cause damage in women compared with men.

In the study, about 60 per cent were men and 40 per cent were women. All were current or former smokers. Overall, both groups had similar lung impairments. But when they looked at younger people — those under age 60 — or those who had been lighter smokers, they found women had more severe disease and worse lung function than men. Researchers suspect the differences may be related to anatomy. Women have smaller airways than men, making each cigarette potentially more dangerous. REUTERS

Tamil defeat met with doubt

Tamils and their supporters demonstrating outside Britain's parliament yesterday refused to believe that Sri Lanka's long civil war was over or that separatist Tamil Tiger rebels were defeated.

"It's not true, no way," Sri Lankan-born Jey Moorthy, 23, said of Sri Lanka's declaration of total victory in one of the world's most intractable wars.

Police said 2,000 people took part in a noisy demonstration in London calling for a ceasefire and help for civilians caught up in the conflict.

Moorthy, who said he was "proud to say I'm a Tamil Tiger," did not believe a Sri Lankan state television report that rebel leader Vellupillai Prabhakaran had been killed.

Prabhakaran, 54, founded the Liberation Tigers of Tamil Eelam on a culture of suicide before surrender, and had sworn he would never be taken alive.

Late last night pro-rebel website TamilNet.com reported that Prabhakaran is alive.

Sri Lankan president Mahinda Rajapaksa had already declared victory on Saturday, even as the final battle in Asia's longest modern war was intensifying after the last of 72,000 civilians held in the war zone had been freed.

The LTTE conceded defeat on Sunday.

But it has long warned it would intensify guerrilla attacks on economically valuable targets if defeated on the battlefield, something which has hindered growth in Sri Lanka's tourism sector. REUTERS

JUSE MACGREGOR/REUTERS

Pro-Tamil demonstrators scuffle with police in London yesterday.

EU seeks human rights inquiry

- The European Union called yesterday for an independent investigation into alleged violations of human rights law in Sri Lanka's war. EU foreign ministers said they were appalled by the loss of innocent lives and the high numbers of casualties, including children, in fighting between government forces and the Tamil Tiger rebels.

News in brief

MIDDLE EAST U.S. president Barack Obama voiced support for creation of a Palestinian state in talks yesterday with Israeli prime minister Benjamin Netanyahu. "We talked about restarting serious negotiations on issues of Israel and the Palestinians," Obama said, adding that it was in the interests of both sides "to achieve a two-state solution." Netanyahu said that he supported self-government for Palestinians but made no mention of a state, underscoring a rare rift in U.S.-Israeli relations. "We don't want to govern the Palestinians. We want them to govern themselves," Netanyahu said.

RULING The U.S. Supreme Court rejected yesterday a lawsuit by a Pakistani man against a former U.S. attorney general and the FBI director claiming abuse while he was imprisoned in New York after the Sept. 11, 2001, attacks. By a 5-4 vote, the U.S. high court overturned a ruling that Javaid Iqbal, who was held more than a year after the attacks, could sue former attorney general John Ashcroft and FBI director Robert Mueller. In the weeks after the attacks, U.S. authorities detained 762 non-citizens. REUTERS

Twenty-four people sentenced to death

EGYPT An Egyptian court sentenced 24 people to death yesterday on murder charges for taking part in a gunfight last year in a dispute over agricultural land in the Nile Delta in which 11 people were killed, court sources said.

The gun battle erupted last March in the northern province of Beheira between two groups of private security men — employed by two rival associations that both claimed title to the land — when one side tried to take the land by force from the other.

As many as 27 people were hurt in the clashes over the 200-hectare plot.

Land disputes are not uncommon in Egypt, where arable land is limited to a thin sliver along the Nile and the river delta in the north. Many absentee landlords hire armed guards to drive out or prevent squatters from settling on the land. But conflicts rarely lead to this many casualties. Security sources said nine of those sentenced to death had been tried in absentia. Egypt imposes the death penalty for murder, rape and some terrorism offences. Rights group Amnesty International counted 213 executions in Egypt during the 1990s. REUTERS

News in brief

ENVIRONMENT U.S. president Barack Obama will propose today the most aggressive U.S. auto fuel efficiency standards ever, a policy that also aims to resolve a dispute with the state of California over tailpipe emissions. A senior administration official, speaking to reporters on the condition of anonymity, said average fuel standards for all new light vehicles sold in the U.S. would rise by 10 miles per gallon over today's performance to 35.5 mpg between 2012-16. REUTERS

Taiwan **Taipei sit-in ends**

NICKY LOH/REUTERS

A man is dragged away by police after refusing to leave a sit-in protest against Taiwan President Ma Ying-jeou yesterday. The opposition Democratic Progressive Party concluded its 24-hour sit-in, but protesters angry over the jailing of Taiwan's former pro-independence president Chen Shui-bian pending his corruption trial refused to leave the site.

Fighting in Pakistan displaces 1.4M: UN

The number of people displaced by fighting in Pakistan's northwestern Swat valley has risen to more than 1.4 million, UN humanitarian chief John Holmes said yesterday.

"The situation is volatile and changing rapidly," Holmes told reporters at the United Nations.

He said extra financial resources were urgently needed to deal with the situation and that the UN would soon launch an emergency appeal for hundreds of millions of dollars to cover the costs of the refugees over the next 12 months.

Pakistan's government on Sunday urged people stranded by a military offensive against Taliban militants in Swat, an alpine beauty spot 80 miles northwest of Islamabad, to try to get out.

Many civilians are believed to still be inside Mingora, the main town in Swat, after the army launched an offensive more than a week ago to stop the spread of Taliban influence.

Holmes said the number of people displaced by the most recent fighting is more than 1.4 million. That is a total of people registered with the Pakistan authorities, with the help of the UN High Commissioner for Refugees, he said.

Holmes said that when including at least half a million more displaced by fighting since last August, the total is around two million to 2.1 million people. REUTERS

Shift seen among Indian voters

TREND Millions of Indians appeared to have jettisoned caste and linguistic identities to vote for good governance in India's general election, a trend that may change the new government's policies to win over voters, analysts said.

A collection of regional and caste-based parties, which wanted to provide an alternative to the ruling Congress party and the main opposition Bharatiya Janata Party, lost badly.

It marked a change from decades of parties believing they could rely on India's traditional alliances of caste, region and language rather than performance. REUTERS

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Comment & Views

Comment

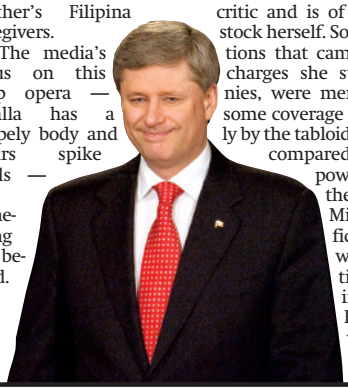
Sun King of subterfuge

NationalReport

In Ottawa, two people below the prime minister hold the power. They are his chief of staff and the clerk of the Privy Council. Compared to these guys, cabinet ministers are small players. Until recently, Stephen Harper, Sun King of the great north, wouldn't even allow most of his cabinet ministers to answer questions in the House of Commons. His then House leader, Peter Van Loan, was directed to respond to most queries by attacking the questioner.

One would think, given the degree of importance of the chief of staff and the clerk, that the public would or should be familiar with them. But there's not one in a hundred Canadians who even know their names.

This month, in a major shake-up that had broad ramifications for the government, the clerk, Kevin Lynch, was replaced. We don't know whether he was pushed out or left voluntarily. Rather than delve into that story we in the media fixated on Rubygate — that critical question of whether or not backbench MP Ruby Dhalla was a meanie to her mother's Filipina caregivers.



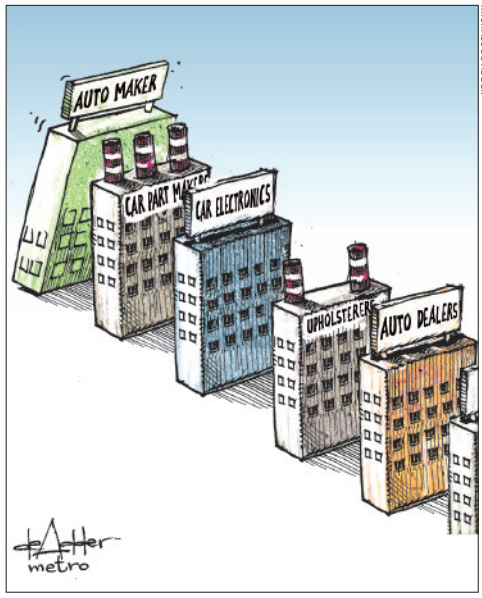
The media's focus on this soap opera — Dhalla has a shapely body and wears spike heels — was something to behold. It's like we all descended from the Daily Mirror of London's formerly famed Fleet Street. What's next? Is everybody in the nation's capital going to be under the microscope for how they treat their domestic help? What if, for instance, some clearly negligent minister of the Crown doesn't leave out enough potato chips for his or her babysitter? What will happen then?

Granted, Dhalla was the Liberals' multiculturalism critic and is of immigrant stock herself. So the accusations that came her way, charges she strongly denies, were meritorious of some coverage — especially by the tabloid media. But compared to the power shift in the Prime Minister's Office, which was of 20 times the importance, Rubygate was a laugher.

The root of the problem, why the media got it upside-down, lies in the way they cover Ottawa, which is upside-down. In Ottawa, the power lies in the Prime Minister's Office and Privy Council Office, the government's executive branch. But they are housed in the sealed-off Langevin building. No journalists get near them. Instead they congregate Parliament Hill, the legislative branch that caters to the Sun King's every whim.

By contrast, in Washington the media have quarters in the executive branch, the White House. Their focus is chiefly there, as opposed to Capitol Hill. Americans therefore tend to get to know who their chief power players, the Karl Roves of the world, happen to be. Here, because our media still hold to an archaic system of coverage, we chase nannies.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.



MICHAEL DE ADDER

Metro Online Poll Results

29% SAID YES

Is the Brian Mulroney inquiry relevant to you?

Weigh in on today's question at metronews.ca

71% SAID NO

Views

Is the future still black and white?

InBusiness

What a sorry coincidence. The very week National Post publishes a series of articles underlining the importance of newspapers, it temporarily drops its Monday edition as a cost measure.

Canadian newspapers generally are suffering these days due to much reduced ad revenues and relentless cost pressures. Against the backdrop of the U.S., where major newspapers are cash and profit starved, going strictly digital or folding altogether, you begin to think newspapers don't have a future.

The Post, of course, is right to reassert the value of newspapers and to suggest they'll be with us for a long time. The argument really boils down to two points: We need them and we read them.

Newspapers have always been savagely criticized. Even H.L. Mencken, a newspaperman for long time and developed journalistic traditions that render what's on the printed page more — rather than less — truthful. And with new and questionable sources of information and comment proliferating hourly on the Internet, newspapers' "truthiness," — as Stephen Colbert would say — is golden.

half a century, observed they were devices "for making the ignorant more ignorant and the crazy crazier."

Most, however, have given newspapers and other elements of the fourth estate their due as guardians of democracy, independent overseers with the ability to alert the rest of us to abuse and excess.

You can argue forever about the relative accuracy of newspapers, but the fact is they have been around a

Recent Newspaper Audience Databank (NADbank) numbers show people understand this. Readership in Canada's 19 largest markets has been remarkably stable for five years, and readership of daily newspapers around the world has grown.

But neither audience strength nor civic virtue guarantee a healthy future for newspapers. Once the recession ends and revenues come back, publishers will still have to confront the thorniest question of the Internet era: Finding new and profitable ways to get valuable and trusted content into the hands of a shifting audience.

Charles Davies is a veteran business writer and editor who has worked for news organizations and publications including Business Week, Canadian Business, Report On Business magazine, Reuters, and Financial Post.

Letters

Get out and eat

Re: SunnySide initiative

I propose on Friday, May 29, every daytime worker do not bring a lunch if they can possibly buy it for that day. That includes coffee or tea. The exceptions, of course, would be if it's financially impossible or there's no cafes or restaurants near them.

This would give all local cafes and restaurants across Canada immense business for at least one day. May 29 should generate enough business to get some money circulating from British Columbia to Newfoundland. If it works, perhaps do it again June 26. **BARRY WOOD, HALIFAX**

Sunny Side

Stay home and eat

Re: SunnySide initiative

Here are some ideas:

Instead of people opting to work out in a gym, lots of calories can be burnt in their backyards by growing organic vegetables. Excess vegetables could be supplied to shelters or home care centres, thus minimizing government funding.

Those government funds can be utilized for creating jobs in less-developed areas.

It's time to rethink the millions of dollars that go to some ridiculous research project, such as men's and women's grooming habits. **PRADEEP KRISHNA RAO, MISSISSAUGA**

Quote of the Day

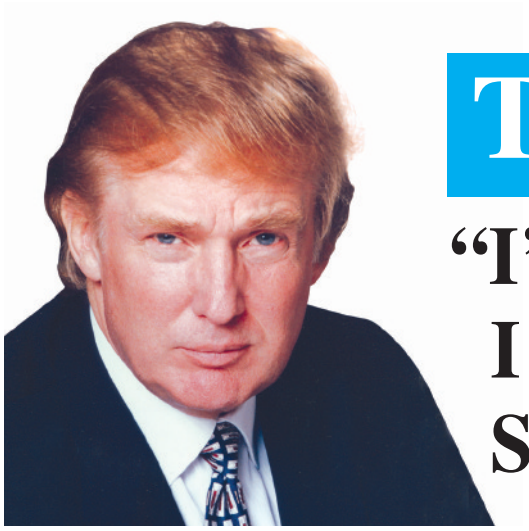
"It is in the interests not only of the Palestinians, but also the Israelis ... to achieve a two-state solution."

— U.S. President Barack Obama addressing reporters yesterday with Israeli Prime Minister Benjamin Netanyahu in the Oval Office. REUTERS

Tell us your views by email to vancouverletters@metronews.ca or comment on metronews.ca or on Twitter @vancouvermetro

Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

An Open Letter From Donald Trump To All Vancouver Area Residents Who Want To Get Rich In Real Estate & Business!



Trump Tells All!

"I've Made Billions And Now I want To Share My Success Secrets With You!"

– Donald Trump,
Executive Producer, The Apprentice, NBC • Chairman, Trump Institute

Dear Vancouver Area Resident,

Have you seen my TV show, *The Apprentice*? It's been one of the top rated shows on NBC for eight consecutive seasons!

Not only that, it has made me a media phenomenon and forever changed my life.

And now, at the age of 62, I've decided to make a bold move to share my knowledge and experience in such a way that it could be a great advantage to you.

What Kind Of Advantage?

The best kind of advantage; the kind of advantage that could make you money and make you rich.

If you are seriously interested in hearing what I have to say about being successful, about making money and about getting rich, please read every word of this letter carefully. It contains an invitation for you to discover what has taken me the better part of my life to learn and put into action.

Please let me explain.

Before *The Apprentice,* I was famous for building the world's largest and most beautiful buildings, golf courses and casinos, and for being a marketing whiz when it comes to succeeding in business. Everywhere I went people treated me like royalty and I was generally considered a big shot.

Everything Has Changed!

Because of *The Apprentice,* everything has changed. I have truly become a household word, globally. Everywhere I go people say something to me. Sometimes they say, "Trump, you're fired!" Or, "You're hired!" But always, they greet me with respect, humor and friendship. It's like they know me personally.

I love that!

With this monumental fame there comes a great responsibility (and an enormous opportunity) to make a huge contribution to the North American economy.

Something Extraordinary For You!

Since the amazing success of *The Apprentice,* I have been wondering what to do with this new power of worldwide fame. Recently I got the idea to do something truly extraordinary and totally outside of the box.

What I've decided is that I want to train and educate the next generation of real estate moguls and business entrepreneurs. Why?

There are two very good reasons:

Reason #1:

America's been very good to me and my family and this is a great way I can give back to the country and help stimulate real economic growth.

Reason #2:

I believe that what I have to share will create so much success for my students, that I will leave a legacy as being the father of modern real estate acquisition and entrepreneurial success.

You see, one thing you should know about me is that more than anything, I want to be known as a great businessman, maybe even the greatest!

That's why I have created Trump Institute.

Want To Know How I Do It?

Would you like to know how I buy and sell real estate? How I pick properties for huge profits and high yield equity gains?

Would you like to know what I look for when buying a business or starting a new business? If so, I'm inviting you to come to a special seminar introducing Trump Institute. At this seminar you'll see first hand the type of education I am offering.

Who Should Attend?

If you're asking yourself, "could this be the moment that changes everything for me?" All I can say is, you'll never know unless you try.

Your Success Depends On You!

Ultimately, your success depends on you, and with my help, you can get an education and an advantage that has not only proven to work for me, but it has also worked for many of the world's richest men and women.

You see, in my quest to be the best, I have sought the advice and guidance from people who have also experienced mega-billionaire success. I have incorporated their techniques and experiences into my own personal treasure chest of successful business and real estate knowledge, strategies, and wisdom.

A Powerful Team of Experts!

I also have an incredible team of business entrepreneurs and real estate mavens (very talented experts), who deliver my material and my lessons.

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  (Kingsway at Metropolis at Metrotown)

- **MON., MAY 25TH**
  1:00pm or 7:00pm
  Sheraton Vancouver Guildford Hotel
  15269 104th Avenue
  Surrey, BC V3R 1N5
  (Corner of 152nd & 104th Ave.)

(Additional materials will be offered for sale at this Introductory Conference.)

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Woody Allen wins $5M settlement in lawsuit over advertising

American Apparel Inc. settled film director Woody Allen's lawsuit over the company's use of his image on billboards in New York and Los Angeles for $5 million US, Allen said yesterday as the case was about to come to trial. REUTERS

Business

Magazine begs for bailout

U.S. music magazine Paste, facing advertising cuts that have hit many publications during the recession, is staking its survival on begging loyal readers and musicians for money. Editor-in-chief Josh Jackson said yesterday more than 90 artists were donating songs and other goods for people who pledge money to the Atlanta-based magazine. REUTERS

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Credit-card users in tough

High interest rates unlikely to budge, experts warn

Stubbornly high credit-card interest rates and recent moves by several banks to hike rates on personal lines of credit are frustrating many Canadians — at a time when the Bank of Canada has slashed its key overnight rate to a historic low of just 0.25 per cent in a bid to revive the economy.

Banks explained the recent moves to raise rates on lines of credit by saying their cost of borrowing has risen dramatically amid the credit crunch. That argument holds less water lately, since credit conditions have improved this year and the banks' cost of capital has fallen.

But credit-card holders carrying a balance aren't likely to see relief anytime soon. Financial institutions may be paying less to borrow certain funds, but experts say that is unlikely to have a downward pressure on rates. That's because most of those loans are not backed by collateral, making them relatively "risky" even in good economic times.

The unemployment rate is at a seven-year high, which is fuelling a spike in credit-card defaults and personal bankruptcies.

Most banks are expected to report climbing losses on cards when they disclose their second-quarter results later this month — that's despite taking action to cut credit limits on dodgy accounts and hiking penalties for those who pay late. TORSTAR NEWS SERVICE

New York CEO honoured

CHIP EAST/REUTERS

PepsiCo CEO Indra Nooyi, centre, reaches to embrace U.S. Secretary of State Hillary Clinton after being presented with the Bernard Medal of Distinction by Debora Spar, left, president of Barnard College, during the school's commencement ceremony in New York yesterday.

Nortel will shrink but won't vanish, analysts say

TELECOM Nortel Networks Corp. will most likely sell off most of its pieces at firesale prices as part of its bankruptcy restructuring, but experts don't expect one of the most storied names in Corporate Canada to disappear altogether.

Under the bloated exterior, analysts see a rump operation with the potential to be a viable company with a chance to succeed in one segment of the telecom equipment business.

When the dust finally settles, the only remnant of the once-mighty Nortel expected to be left is Metro Ethernet Networks (MEN), the unit that makes Internet infrastructure and includes its optical and carrier ethernet technology.

The MEN unit includes a promising new technology that lets telecom companies quadruple the capacity of their networks using fibre-optic cables thinner than a human hair.

"It would be smaller, obviously, but it would be a viable company capable of competing in that space," said Duncan Stewart, an analyst at DSAM Consulting in Toronto. REUTERS

Business in brief

OILSANDS Norway's centre-left government effectively delayed a parliamentary vote yesterday on whether majority state-owned oil-and-gas producer StatoilHydro should withdraw from a $2-billion US venture in the Canadian oilsands. REUTERS

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METRO NEWS SERVICES

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Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Your new best friend: Bill

Using cash for daily spending keeps you in control

AlisonOnMoney

There's a distinct cognitive event that happens when you handle money. It's called awareness.

There's nothing lonelier than a single bill pining away in your wallet ... unless, of course, that bill happens to have Sir Robert Laird Borden's face on it, which means you've got 100 bucks cooling its heels, waiting to be spent.

But let's assume it is Sir Wilfrid Laurier — a fiver, in case you didn't know — who is keeping receipts company in your purse or wallet. When you hove into sight of a java joint and pull out the Great Conciliator — yes, this column is a history lesson as well as a money lesson — you are likely to think twice about using it all up.

Cash controls spending, plain and simple. Using cash to pay for everyday purchases such as coffee, transit, lunch and magazines alerts you to the idea that you're actually spending real money.

You just don't get the same cautionary sense when you haul out plastic, be it a debit card or a credit card.

There's a distinct cognitive event that happens when you handle money. It's called awareness. Over the counter goes the fiver and back comes a loonie, a dime, two nickels and four pennies. You drop the pennies in the "Give a Penny Take a Penny" bowl and pocket the rest.

I'm betting that everyone reading this column has just added up the change. Some of you have added up the change and then subtracted the four pennies to determine how much money was left from the purchase. And a few of you are calculating, even as you read, what that purchase might have been by the amount spent.

Was it a frap, cap, latte, green tea and cookie? You see, you are much more conscious of this imaginary purchase than if you had paid with plastic.

Now, add in the awareness of the bills left in your wallet and you become attuned to your temporary wealth, or lack of it.

At the end of the day, what encourages us or cautions us about spending is knowing where you're at and using cash will do it every time.

• For more about Alison's show Maxed Out, and for local show times, visit wnetwork.com.

Alison's Money Rule:

• Cash controls spending. Using cash to pay for everyday purchases alerts you to the idea that you're actually spending real money.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at alison@alisongriffiths.ca.

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'Tis the season for home renos

MoneyMatters

Q Last year, I spent more than $8,000 to partially finish my basement. If I redid my kitchen, can I claim the new renovation tax credit?
— Isaak

A The new Home Renovation Tax Credit (HRTC) was introduced this year, as part of Canada's Economic Action Plan.

With world economies falling into a recession, including Canada, the HRTC is part of a stimulus package to help the ailing real estate industry. Will this revive our real estate market? The verdict has yet to be decided but none of my renovation clients are complaining.

Eligible home expenditures spent between Jan. 27, 2009 and Feb. 1, 2010 will qualify for the HRTC. The HRTC is a non-refundable tax credit and can be claimed when filing your 2009 tax return. Eligible expenditures for renovations or alterations must be of an enduring nature and integral to the home. Therefore, routine expenditures such as house cleaning, snow removal, furniture and appliances will not qualify for the credit.

The following will give you some insight:

• Expenditure claim is minimum $1,000 to $10,000 maximum. Maximum claim results in $1,350 tax saving.

• Home refers to place that you and family own and inhabit for personal use. This includes principal residence and cottage. Investors need not apply.

• Eligible expenditures include but are not limited to: Re-shingling the roof, new flooring, renovating the kitchen, new furnace, additions and a host of other costs.

• Keep receipts as proof, including cost materials, invoices, etc.

If you are planning to have some work done on your home and want to maximize the credit, talk to your financial adviser or visit Canada Revenue Agency's website, cra-arc.gc.ca.

The Home Renovation Tax Credit aims to stimulate real estate.

Henry Choo Chong, CGA, can be reached at choochonghcga@yahoo.ca.

On the web

Columnists:

• The Smart Cookies offer tips on saving cash when it comes to beauty products. Visit metronews.ca/smartcookies to read this week's column.

For business owners

If you run a business, do your employees know about your company attitude towards social responsibility? Do they know your corporate philanthropy partners? Are there opportunities for employees to roll up their sleeves and pitch in? Visit orendaconnections.com for more tips. NEWS CANADA

Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Make your money work for a good cause

The purchasing power of consumers is greater than one might think. Buying a product from a socially responsible manufacturer known for giving back, is the best illustration of support a consumer can give. It also encourages other brands to be more socially responsible too.

"Take a look at this recent Edelman study involving 6,000 consumers across 10 countries," says Peggie Pelosi, president of Orenda Connections, a Toronto-based consultancy for strategic philanthropy programs:

- 80 per cent feel that during a recession, it is still important for brands and companies to set aside money for a social purpose;
- 68 per cent say that during a recession, they would remain loyal to a brand if it supports a good cause;
- 42 per cent say that when comparing two products of the same quality and price, a commitment to a social purpose trumps factors like design and innovation (30 per cent) and is far more important than brand loyalty (27 per cent).

NEWS CANADA

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Bodybuilders flee drug test

Belgium's bodybuilding championships came to an abrupt end over the weekend when all 20 competitors withdrew after anti-doping officials showed up to test them. METRO NEWS SERVICES

Sports

Roy plays coy

Hall of Fame goaltender Patrick Roy, left, has denied being offered the Colorado Avalanche's coaching job. Citing anonymous league sources, the Denver Post reported yesterday that Roy had received an offer and was mulling it over. The Avalanche declined comment. The coaching job is currently held by Tony Granato. METRO NEWS SERVICES

SPORTS@METRONEWS.CA

Pens draw first blood

Stanley Cup
2009 **Playoffs**

(Pittsburgh leads series 1-0)

Carolina 2 Pittsburgh 3

VS

Evgeni Malkin had a goal and an assist while Marc-Andre Fleury made 23 saves to help the Pittsburgh Penguins take Game 1 of their Eastern Conference final series against the Carolina Hurricanes with a 3-2 win.

Philippe Boucher added a goal and an assist while Miroslav Satan also lit the lamp for the Pens, who are in the conference finals for the second straight season after beating Philadelphia and Washington.

"It means a lot and builds a lot of confidence in everybody," said Pittsburgh captain Sidney Crosby. "Getting a win in the first game is always a plus."

Chad LaRose and Joe Corvo each scored a goal while Cam Ward made 28 stops for the Hurricanes, who defeated New Jersey and Boston to reach the conference finals for the first year since their Stanley Cup-winning 2006 campaign.

"There were some good things in the game but we know we can play better," said Carolina coach Paul Maurice. "But, we did do a good job of not making mistakes and turning the puck over."

Game 2 of this best-of-seven series is scheduled for Thursday in Pittsburgh. METRO NEWS SERVICES

JASON COHN/REUTERS

Pittsburgh's Miroslav Satan scores on Carolina goalie Cam Ward last night in Game 1 of the NHL Eastern Conference final. Pittsburgh won the game 3-2.

First-place Blue Jays sweep White Sox

MLB RESULTS

Chicago 2 Toronto 3

VS

BASEBALL Alex Rios tripled home the go-ahead run with two outs in the bottom of the eighth inning, lifting the Toronto Blue Jays to a 3-2 victory over the Chicago White Sox and a sweep of the four-game series at Rogers Centre.

North Vancouver's Scott Richmond got the start for the Jays and struck out seven over seven innings, while not allowing a run.

Kevin Millar homered and Aaron Hill knocked in a run with a sacrifice fly for the American League East-leading Blue Jays, who have won seven of their last nine games. Toronto wrapped up a seven-game homestand with a mark of 5-2 and heads to Boston to open a three-game set with the second-place Red Sox tonight.

Jim Thome slugged a two-run homer for Chicago, which has dropped five straight and seven of its last eight.

The White Sox have also lost 10 in a row in Toronto and haven't won at the Rogers Center since June 1, 2007.

"It is what it is," said White Sox catcher A.J. Pierzynski about the team's losing streak in Toronto. "It seems like every time we come to Toronto, we get our [butts] kicked. We can't score runs. We can't do anything. They hit balls and find holes. We hit balls hard and they make plays."

Thome's homer was the 548th of his career, tying him with Hall of Famer Mike Schmidt for 13th on the all-time list.

After Thome's blast tied it in the top of the eighth, the Jays regained the lead in the bottom of the inning.

Jose Bautista drew a walk from Octavio Dotel (1-1), advanced to second on a bunt by Marco Scutaro and stole third after Aaron Hill had popped up for the second out.

After a pitch to the backstop bounced right back to Pierzynski, forcing Bautista to hold at third, Rios lined a 3-2 pitch into shallow centre field. METRO NEWS SERVICES

Who controls the Coyotes? Judge will decided today

NHL If hockey in the desert is finished, the NHL made sure it will go out in a blaze of glory. Or at least in a torrent of court documents.

Judge Redfield Baum will decide today who controls the team in order to decide whether the Chapter 11 bankruptcy is legitimate, and whether the sale of the team to Jim Balsillie can proceed.

The NHL now has the support of the NFL, Major League Baseball and the NBA, which filed statements asking Baum to respect the NHL's rules.

The three leagues asked the court "not set precedent" or "avoid precedent" that could severely disrupt their businesses. TORSTAR NEWS SERVICE

SCOREBOARD

MLB

YESTERDAY'S AL RESULTS
Toronto 3 Chicago White Sox 2
N.Y. Yankees 7 Minnesota 6
Tampa Bay 13 Oakland 4
L.A. Angels at Seattle

YESTERDAY'S NL RESULTS
Pittsburgh 12 Washington 7
Colorado 5 Atlanta 1
Milwaukee 8 St. Louis 7
Arizona at Florida (ppd)
N.Y. Mets at L.A. Dodgers

TODAY'S AL GAMES
Toronto at Boston
Texas at Detroit
Baltimore at N.Y. Yankees
Oakland at Tampa Bay
Cleveland at Kansas City
Minnesota at Chicago White Sox
L.A. Angels at Seattle

TODAY'S NL GAMES
Pittsburgh at Washington
Colorado at Atlanta
Arizona at Florida
Philadelphia at Cincinnati
Milwaukee at Houston
Chicago Cubs at St. Louis
San Francisco at San Diego
N.Y. Mets at L.A. Dodgers

NHL

YESTERDAY'S RESULTS
Pittsburgh 3 Carolina 2

TODAY'S GAME
Chicago at Detroit

TODAY'S GAME
Chicago at Detroit

THURSDAY'S GAME
Carolina at Pittsburgh

FRIDAY'S GAME
Detroit at Chicago

SATURDAY'S GAME
Pittsburgh at Carolina

SUNDAY'S GAME
Detroit at Chicago

TUESDAY'S GAME
Pittsburgh at Carolina

NBA

TODAY'S GAME
Denver at L.A. Lakers

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SPECIAL FOCUS ON:
Plastic Surgery

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EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Screen your surgeon

Find a qualified doctor by doing your homework

CELIA MILNE
for Metro Canada

iSTOCK PHOTO

If you're considering breast augmentation, ensure the doctor you select is a certified plastic surgeon.

Thinking of having breast augmentation or liposuction? Make sure you go to a qualified doctor.

More than half a million Canadians seek cosmetic enhancements each year and surveys show only one-quarter of them have done their homework beforehand.

Tania from Waterdown, Ont., made sure she was educated before making the big decision. She had a breast augmentation in April 2008, when she was 31. "I was an A. I'm a C now," she says. "I love it, I love it. You know what? I love it!"

Tania researched for two years before deciding to have her surgery done by Dr. Frank Lista, a certified plastic surgeon and medical director of the Plastic Surgery Clinic in Mississauga, Ont.

But not everyone goes to a qualified surgeon. Lista is very concerned that people are being lured by non-surgeons.

"A non surgeon can do surgery on a patient without restriction," he says. "I see people all the time who say, 'my breast surgery was botched or liposuction has ruined my life.' I ask who did it and find out it was not a plastic surgeon. People are being misled," says Lista.

For instance, someone might advertise that they are a "licensed cosmetic surgeon" but there is no such specialty. "These people are sneaky," says Lista.

Unfortunately, buyers have to beware because, he says, the field is not regulated. "Restaurants are better regulated than surgical facilities," he adds.

The Canadian Society for Aesthetic Plastic Surgery and the Canadian Society of Plastic Surgeons have teamed up to let Canadians know that they need to be cautious when seeking procedures like breast augmentation, liposuction and facelifts.

Ask four questions before committing to a surgeon: Are you a certified plastic surgeon? How many surgeries like this have you performed? Do you have hospital privileges to perform these types of procedures? At which hospitals?

Tania ended up choosing Lista because she checked his credentials on the centre's website and she felt he was very credible. She also "liked the vibe" of his clinic when she went for a consultation. The breast surgery cost her $6,500.

check credentials

- To find out if a doctor is a specialist and what kind of specialist he or she is, go to www.royalcollege.ca and type in their name. Their specialty will be listed there.

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Holistic Pharmacist, RoseMarie Pierce, B.Sc.Pharm, formulated the Morning Rise & Shine drink to offer an easy-to-take alternative to her popular recipe version, see www.sunstreams.ca. RoseMarie believes that replacing the morning coffee (or sweetened and processed drinks) with the Morning Rise & Shine drink will provide the double benefit of eliminating acid-forming drinks and offer instead a health-giving alkalizing, energizing alternative. By starting the day with this healthy morning drink, you will also help to improve nutrient absorption and create lightness in your digestive process.
Customer Testimonial - I 'd heard about Morning Rise & Shine from a friend who said it gave her that needed edge so I tried it and now it's a part of my morning ritual!
G. Solomon - Winnipeg MB
Created by RoseMarie Pierce, B.Sc.Pharm, Holistic Pharmacist
RoseMarie is a highly respected lecturer, writer, and media personality within the natural health industry.
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Betrayed wives talk to cope

Elizabeth Edwards pulls back the curtain on infidelity, says expert

The J Spot
Josey Vogels
metronews.ca/thejspot

GETTY IMAGES

Elizabeth Edwards, right, the wife of former presidential candidate John Edwards speaks candidly about her husband's extramarital affair in her new book Resilience: Reflections on the Burdens and Gifts of Facing Life's Adversities.

Salon.com called her book tour "one of the most sado-masochistic publicity jaunts in political history."

New York Times columnist Maureen Dowd criticized her for dragging her husband "back into the public square for a flogging."

But Ruth Houston, infidelity expert, founder of InfidelityAdvice.com and author of Is He Cheating on You? 829 Telltale Signs, thinks Elizabeth Edwards should be commended for writing and speaking so candidly about her husband's (former presidential candidate John Edwards) extramarital affair and the effect it has had on her both physically and emotionally in her new book Resilience: Reflections on the Burdens and Gifts of Facing Life's Adversities.

"By doing so, she has pulled back the curtain and exposed aspects of infidelity that the public rarely gets to see," says Houston. "Women with cheating spouses or significant others need to see that they are not alone — that all women face similar issues when trying to cope with their partner's affair."

It doesn't hurt either she adds, for the cheating cad to see and hear first-hand the hurt, humiliation and heartbreak they inflict when they have an affair.

Usually, when a male public figure has an affair, the focus is on him, the details of the affair, how it will affect his career etc., while his wife is expected to dutifully and literally "stand by her man" in silence.

"Elizabeth Edwards is the voice of those 38 to 53 million women with cheating mates," says Houston.

"When women like Elizabeth Edwards, Hillary Clinton and Dina Matos McGreevey share their personal experiences as betrayed wives, they direct public attention to aspects of infidelity that usually go unnoticed or ignored."
Ruth Houston, author/infidelity expert

"When women like Elizabeth Edwards, Hillary Clinton and Dina Matos McGreevey share their personal experiences as betrayed wives, they direct public attention to aspects of infidelity that usually go unnoticed or ignored.

"They reveal a side of infidelity that the public rarely gets to see. Judging from the criticism these women have garnered for airing their dirty laundry, and openly discussing their husband's affairs, this is a side of infidelity the public would rather not see."

But considering that infidelity in one form or another affects 80 per cent of all marriages and committed relationships, it's a side that needs to be seen.

"There is a need for information, solutions and advice," says Houston. "It helps to know how a role model handled a similar situation."

Houston's book is available as a downloadable e-book from booklocker.com/books/1755.html.

For insight into why we're so fascinated with the extramarital affairs of public figures, visit my blog, Sexcetera, at metronews.ca/Toronto/blog.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

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Alicia Keys' new love
Alicia Keys is dating a music producer. Hip-hop star Swizz Beatz — who is currently divorcing his estranged wife, U.S. singer Mashonda — has confirmed he and the singer are in love. FEMALEFIRST.CO.UK

Entertainment

Nixon engaged
While speaking at a rally for gay marriage over the weekend, Sex and the City's Cynthia Nixon announced her engagement to girlfriend Christine Marinoni, according to Access Hollywood. METRO WORLD NEWS

EDITOR: DEAN.LISK@METRONEWS.CA

More than just an action hero

Actor Sam Worthington spreads his wings

NED EHRBAR
Metro World News

Sam Worthington is being set up to be the next big action star, but for now he's more concerned with finding a place to live. "I go where the work is," he admits. "I don't have a real home."

Hoping to start a career hot streak, Worthington opens this weekend in Terminator Salvation alongside Christian Bale. And over the next year, he'll be popping up in a number of other high-profile projects. "I'm doing as much as I can until people realize I'm a sham," he says, grinning.

Four years ago, director James Cameron tapped Worthington to star in the much-hyped Avatar, which is still in post-production. So the actor sold his home and everything in it, packed up two bags and left to film in Los Angeles and New Zealand. "I've still only got two bags — a bag of books and a bag of clothes. That's about it," he says with a shrug.

But Worthington isn't complaining. Far from it — he's enjoying getting to play on big sets and promote massive studio films. "You don't get into this profession for your movies not to be seen, to just show them to your mates at

Movie **feature**

home," he says. "I like the fact that people are going to get to see my work and then, fingers crossed, hopefully like what I'm producing. We'll soon find out, won't we? Or I won't be working next year."

Speaking of next year, Worthington is currently filming a remake of the '80s Greek mythology epic Clash of the Titans, due next March — "I'm running around in a dress killing everything" is how he describes it. But he hopes audiences can see him as more than just an action hero. "I don't mind taking a few knocks. I'm a boy. But hopefully it's not just, 'Sam's an action dude.' That's not what I want," he says.

Sam Worthington stars alongside Christian Bale in Terminator Salvation, which opens this week.

Still, while filming Last Night, a relationship drama with Keira Knightley and Eva Mendes, Worthington didn't quite get the same thrill. "I craved a gun and a sword, to be honest with you," he says. "It was bizarre. In the kissing scenes, I wasn't getting the same kind of rush."

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Braff returning to Scrubs

Zach Braff is heading back to TV comedy Scrubs — just months after announcing his decision to quit th e hit show. The 34-year-old actor announced earlier this year he was leaving at the end of the eighth season to pursue a career in directing. FEMALEFIRST.CO.UK

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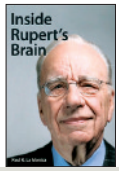
Eye on Murdoch

BookPicks

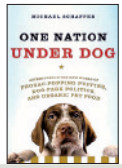
Inside Rupert's **Brain**



Author: Paul R. La Monica
Publisher: Penguin Canada
Price: $34.95 (Hardcover)

Fox, The Wall Street Journal, HarperCollins — Rupert Murdoch's got his hand in them all. The CEO of News Corporation is worth billions of dollars. But just how did he become so successful? Paul R. La Monica explores this in Inside Rupert's Brain, a combination of biography and commentary by Murdoch's inner circle. Despite the reputation some attribute to him as the prickly old newspaperman, La Monica attempts to show how Murdoch rose to the top by investing in new, unpredictable ventures like MySpace and the importance of taking chances to succeed in the business world.

One Nation Under **Dog**



Author: Michael Schaffer
Publisher: Henry Holt
Price: $27 (Hardcover)

We used to call it a mutt. Now, it may as well be master. Dogs are quickly finding a new place in society, where owners are treating them just like they would their own children. In One Nation Under Dog, Michael Schaffer uses his own acquisition of a Saint Bernard to express this shift in canine comfort. From the premium, organic food we feed them to the specialists we hire to treat their emotional distress, Schaffer examines how these changes reflect adjustments in other areas of society. It's pooch 2.0, where even dogs have social networks

BRIAN COULTON/ FOR METRO CANADA

First look **New Moon poster**

Here is your first look at The Twilight Saga: New Moon poster. Based on the best-selling book series, The Twilight Saga: New Moon opens in theatres everywhere Nov. 20. It is the highly anticipated next installment to the movie Twilight, which has grossed $380 million globally at the box office.

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 5/19/09	251	308	3 CBC	22 Minutes	Laughs	Rick Mercer	Comedy Fest.	Ron James: West Coast Wild		CBC News: The National (N)		(:05) The Hour
	255	358	6 JOY	E! News (N)	The Insider	Inside Hollywood (CC)		X-Weighted (CC)		Dr. 90210 (CC)		News (N)
	254	-	8 M	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		Omni News: Punjabi Edition		Metropia
	250	321	9 CTV	etalk (CC)	Hollywood	American Idol (CC)		The Mentalist (CC)		Law & Order: SVU		News (N)
	-	-	10 OMNI	The Daily	Frasier (CC)	Islam 101 (CC)		Poltergeist: The Legacy		Scrubs (CC)	The Search	New Day
	252	336	11 GTV	Entertainment	ET Canada	NCIS "Aliyah" (CC)		90210 (Season Finale) (N)		Durham County (CC)		News (N)
	256	389	12 VI	The Road to Avonlea		Dancing With the Stars (CC)		Dancing With the Stars The winner. (CC)				News (N)
	253	359	13 CITY	Law & Order: SVU		Scrubs (CC)	Scrubs (CC)	Rita Rocks	Rita Rocks	Curb-Enthsm	Friends (CC)	The List
	-	-	14 CW	Deal-No Deal	Deal-No Deal	Reaper "Business Casualty"		90210 (Season Finale) (N)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	NCIS "Aliyah" (CC)		The Mentalist (CC)		(:01) Without a Trace (CC)		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	Outrageous	Outrageous	Law & Order: SVU		Law & Order: SVU		News (N)
	602	568	19 W	Will & Grace	Friends (CC)	Remedy Me	Keep Real	Style by Jury	Style by Jury	How to Look Good Naked		Maxed Out
	288	380	21 ABC	Wheel-Fortune	Jeopardy! (N)	Dancing With the Stars (CC)		Dancing With the Stars The winner. (CC)				KOMO 4 News
	-	-	23 KVOS	M*A*S*H	Seinfeld	Naked in New York ★★ (1993, Comedy) Eric Stoltz.				King	Still Standing	Scrubs (CC)
	291	383	27 PBS	Steves Europe	Rotary Cent	Nova (CC) (DVS)		Frontline (CC) (DVS)		Independent Lens (N Subtitled-English) (CC)		
	290	382	28 FOX	Two/Half Men	Two/Half Men	American Idol (CC)		Glee "Pilot" (N) (CC)		News (N) (CC)		Family Guy
	-	364	45 PBS	Frontline (CC) (DVS)		My Hero	Summer Wine	Tavis Smiley	Charlie Rose (N) (CC)		Nova (CC) (DVS)	
	296	654	64 SBK	Frasier (CC)	Frasier (CC)	Punk'd (CC)	South Park	Cheers (CC)	Half & Half	Paid Program	Family Court	Paid Program
	298	653	65 TLA	Two/Half Men	Two/Half Men	Reaper "Business Casualty"		90210 (Season Finale) (N)		KTLA Prime News (CC)		Friends (CC)
	295	651	66 WGN	MLB Baseball		WGN News	Reaper "Business Casualty"	90210 (Season Finale) (N)			Friends (CC)	My Wife-Kids
	297	652	67 WPX	PIX News at Ten Tong. (N)		Two/Half Men	Friends (CC)	Sex and-City	According-Jim	Frasier (CC)	Frasier (CC)	Odd Couple
	199	311	76 STR	News (N)	News		Late Show-Letterman		Late Late Show		Will & Grace	Seinfeld
news	502	390	29 NW	CBC News: The National (N)		CBC News: The National		CBC News: The National		A Safer Sex Trade (CC)		National
	500	500	38 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	Sportsnet Connected (Live)		Hockey	Canucks TV	Best Damn Sports Show		Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	NBA Basketball: Western Conf. Final			SportsCentre (Live) (CC)		In This Corner	Her Story		SportsCentre
	411	457	49 OLN	Dog the Bounty Hunter (CC)		Departures (CC)		Mantracker "Mark & Taylor"		Dog the Bounty Hunter (CC)		Departures
	410	403	54 SCR	Score Tonight		Hardcore Hockey Talk		Final Score	Final Score	Final Score	Final Score	Final Score
	417	406	55 SC	Super Bikes!	Kawasaki Test	Pimp My Ride	Pass Time	Pimp My Ride	Pimp My Ride	Drag Race	Drag Race	Super Bikes!
	416	409	144 GLF	(6:00) Fútbol		Gol TV News	Hallo Bundesliga		Gol TV News	Paid Program	Gol TV News	Gol TV News
family	552	543	25 YTV	Karaoke Star	Survive This	Malcolm-Mid.	Futurama	Family Biz (N)	Prank Patrol	Falcon Beach "The Next Life"		Mystery Hnt.
	555	545	50 TEL	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Chicken	American Dad	Moral Orel
	557	541	51 FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	53 TRE	Comfy Couch	Zigby	Max & Ruby	Babar (CC)	Backyard	Ni Hao	Go, Diego, Go!	Franklin	Comfy Couch
cable variety	268	354	5 KNO	Life in Cold Blood (CC)		What the Ancients Did for Us		Private Life of a Masterpiece		China Blue (CC)		
	575	583	20 CMT	Hope & Faith	Hope & Faith	Karaoke Star	Cheer Moms	Home Imp.	Home Imp.	Reba (CC)	Reba (CC)	Hope & Faith
	570	580	24 MM	Degrassi: TNG	Degrassi: TNG	One Tree Hill (CC)		CollegeHmr	Video on Trial	On Set	Pimp My Ride	Spotlight
	600	564	25 H&G	House	House	Holmes on Homes (CC)		SarahCottage	Design Inc.	HGTV's Top	Dirty Business	House
	615	520	31 A&E	The First 48 (CC)		Manhunters	Manhunters	The First 48 (CC)		The First 48 (CC)		The First 48
	628	584	32 SPKE	Deadliest Warrior (N)		4th and Long		CSI: Crime Scene Invstgtn.		Prisoners Out of Control		Riots-Control
	521	560	34 TLC	Painted Babies at 17 (CC)		Little People: Just Married		17 Kids and Counting (CC)		Painted Babies at 17 (CC)		Dwarfs: Steps
	616	522	35 SHO	The Outer Limits (CC)		Mutant X (CC)		The Last Templar ★ (2009) (Part 2 of 2) Mira Sorvino. (CC)				House (CC)
	620	523	40 BVO	Bravonews	Garrett Mason	Law & Order "Ain't No Love"		Without a Trace (CC)		Luna Papa ★★ (1999) Chulpan Khamatova.		
	601	562	41 SLC	Rich Bride, Poor Bride (CC)		ET Canada	Til Debt-Part	Real Housewives OC		Trading Spouses		Paradise Hotel
	520	505	42 DIS	Deadliest Catch (N) (CC)		Daily Planet (CC)		Destroyed	One Way Out	Deadliest Catch (CC)		How It's Made
	522	506	44 HIS	NCIS "Requiem" (CC)		Sandhogs (CC)		Crime Stories (CC)		NCIS "Requiem" (CC)		Marine Mach.
	627	528	45 SPC	Extreme Ghost Stories (CC)		Stargate SG-1 (CC)		Star Trek: Next Gener.		Star Trek: Voyager (CC)		Star Trek: Ent.
	294	650	47 TBS	The Office	My Boys (N)	The Office	Seinfeld	Sex and-City	Sex and-City	Friends (CC)	Stuck on You ★★ (2003)	
	619	525	48 TROP	Vanity	Tube Tales	Tube Tales	Seinfeld	Seinfeld	Raymond	Family Guy	Married... With	Seinfeld
	603	561	52 FN	Good Eats	Good Eats	Iron Chef America (CC)		Unwrapped	Unwrapped	The F Word		Good Eats
	626	547	57 COM	Air Farce	Just for Laughs (CC)		Corner Gas	The Simpsons	South Park	Roast of Bob Saget (CC)		Daily Show
	320	621	60 CEN	The Lazarus Project (2008) Paul Walker. (CC)		(:45) The Strangers ★★ (2008) Liv Tyler. (CC)		Fantasy Fact.	Nitro Circus	College Life	Beatdown	MTV Live
	581	566	101 MTV	College Life	Beatdown	MTV Live	After	Conrack ★★★ (1974) Jon Voight, Paul Winfield. (CC)				Paid Program
	261	394	102 V	I Prophesy	Supernatural	Poltergeist: The Legacy		In Germany	Euromaxx	Schauplatz	Euro. Journal	Patrol World
	-	-	105 MUL	Eight Heroes	Mom's-Upset	Il Caffe						

critics'corner

The Mentalist

As the team investigates the murder of a girl and the abduction of her sister, Lisbon (Robin Tunney) begins to suspect Patrick (Simon Baker) is being drawn into a trap set by Red John, the twisted serial killer who murdered Patrick's wife and daughter, in the season finale, "Red John's Footsteps." Tim Kang, Owain Yeoman and Amanda Righetti also star. 9 PM on CBS CTV

Glee

Producer Ryan Murphy moves on from the dark, kinky world of his "Nip/Tuck" in this lighthearted comedy about an upbeat Ohio high-school teacher (Matthew Morrison) who agrees to try to jump-start the school's glee club, which has become a haven for outcasts. Jessalyn Gilsig, Stephen Tobolowsky and Lea Michele also star in this sneak preview outing before the show joins the weekly Fox lineup in the fall. 9 PM on FOX

Box office

Following are the top 10 films at the North American box office for the three-day weekend beginning on May 15, according to studio estimates compiled by Reuters:

1. **Angels & Demons:** $48 million
2. **Star Trek:** $43 million
3. **X-Men Origins: Wolverine:** $14.8 million
4. **Ghosts of Girlfriends Past:** $6.9 million
5. **Obsessed:** $4.6 million
6. **17 Again:** $3.4 million
7. **Monsters vs. Aliens:** $3 million
8. **The Soloist:** $2.4 million
9. **Next Day Air** $2.2 million (U.S. only)
10. **Earth:** $1.7 million

REUTERS

Kenya's**Style**

Kenya Hunt

Read Kenya's blog at metronews.ca/globalstyle

For complete online movie listings, trailers, reviews and tickets, visit:
metronews.ca/movies

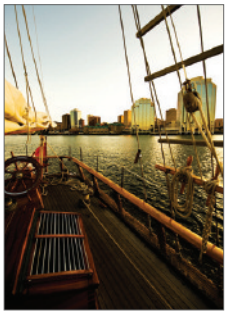
Halifax

The city that touches your soul

You'll find so much to do and discover in Halifax, Nova Scotia, the historic city by the sea. Discover Halifax's history, arts, culture, nightlife, cuisine and wine. Explore the coastlines, fishing villages and beaches only minutes from the heart of the city. And feel the warmth and welcome of our city's defining feature: its people.

Discover Halifax

Follow in the footsteps of princes, privateers and press gangs as you stroll through the safe, walkable downtown experiencing more than 250 years of Halifax history. The heart of the city is the Halifax Harbour, the second largest natural harbour in the world, and the boardwalk that hugs its shore is alive with pedestrian and maritime traffic. Nova Scotia's capital city has an impressive array of museums, galleries, historic sites, colourful gardens and lively nightlife. Unique areas and neighbourhoods offer fashionable boutiques and whimsical craft shops as well as diverse restaurants to choose from, with everything from fresh, local seafood to international favourites on the menu. A year-round tourism destination, Halifax offers an abundance of entertainment options. 18 annual key festivals anchor our entertainment options, celebrating arts, food, entertainment, and music. This summer, check out Catch! Nova Scotia Seafood Festival (June 27-28), the Atlantic Jazz Festival (July 10-18), the Tall Ships Nova Scotia Festival (July 16-20) and Halifax International Busker Festival (August 6-16), just to name a few.



Bright City, Bright People

The city's nightlife is vibrant– you can experience one or many of the hot spots, from boisterous pubs, to pulsing dance clubs and sophisticated wine bars, within steps of each other downtown, and throughout the city. Take in nightly live music from Celtic to blues to rock. With six-degree granting institutions, Halifax is a bright place, teeming with the youthful energy of students and of learning.

Deep Sense of History & Culture

Halifax exudes culture and history on every street corner, where buildings dating back to 1749 share waterfront vistas with modern glass office towers. Each day, the ceremonial 'noon gun' fires at the Halifax Citadel National Historic Site, an 18th century fortress in the heart of the downtown core. Another National Historic Site, Pier 21 - Canada's Immigration Museum, tells the personal stories of the one million people who passed through the doors between 1928 and 1971. Step back in time with a tour of Alexander Keith's Brewery, the oldest working brewery in North America where you'll be treated to a mug or two of famous India pale ale along with Nova Scotian songs and tales. Life here revolves around the sea and our Maritime history is an essential part of Halifax.

Close to Nature

Part of the joy of Halifax is how close it is to nature. Within minutes from the downtown core, you can be fishing, surfing, hiking, or sea kayaking. Sink your toes into the white sand beaches, or sit on the rocks at Peggy's Cove as the crashing waves mesmerize you and you sink slowly, deeply into the moment.

Enter to win a trip to Halifax

Enter the Halifax Tall Ships contest at www.destinationhalifax.com/metro for your chance to win a trip to Halifax during the July 2009 Tall Ships Festival. The contest, which runs from May 13 until June 12, features a prize vacation package for two, including airfare provided by flyhalifax.com , four nights Halifax hotel accommodations at the Halifax Marriott Harbourfront, an Avis rental car for the duration of the stay, dinner at 5 Fishermen restaurant and VIP passes to the Tall Ships, plus tickets to other great Halifax attractions. Entrants to the Tall Ships contest can earn bonus entries by playing the interactive web game, where they can race Tall Ships across the finish line in Halifax Harbour.

***

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www.destinationhalifax.com

DESTINATION HALIFAX

Gerard's day in court

Gerard Butler is heading to court to face assault charges, according to Hollyscoop. Butler allegedly punched a photographer and split his lip last October; he claims the paparazzo had been stalking him. If convicted, he could face six months in jail. METRO WORLD NEWS

Celebrity Buzz

Icy mood at birthday bash?

TROUBLE AT HOME Jon and Kate Gosselin made their first public appearance together in two weeks — for TV cameras, us-magazine.com reports.

The couple celebrated their sextuplets' fifth birthdays by throwing a party at the Blue Falls Grove water park in Pennsylvania Sunday. Alexis, Hannah, Aaden, Collin, Leah and Joel played with their older sisters, twins Mady and Cara, and a few pals as a crew caught it all on film.

(The celebration was a week late: Kate spent the afternoon of the sextuplets' actual birthday — Mother's Day — at a tanning salon.)

Jon and Kate hardly interacted at all, according to an eyewitness. Jon took time to chat with Steve Neild — the bodyguard his wife became so close to that Jon once considered hiring a private investigator, as the newest issue of Us Weekly reports. The couple left in separate cars.

Jon and Kate haven't been spotted together since the Pennsylvania Women's Show on May 2.

"Six month ago, Kate came to Jon and said, 'Hey, it's over,'" Kate's brother, Kevin Krieder, reportedly told radaronline.com last week. METRO NEWS SERVICES

Brit's spending problem?

PERFECT MATCH Last week, it was reported that Kevin Federline can't make ends meet on $40,000 US a month.

But that's nothing compared to the spending report made public last week for Britney Spears.

According to TMZ, Spears' total expenses between February and December of last year totaled $10.1 million, including $447,633 for security, $625,000 for Federline's legal fees — and $3,400 for Christmas lights. METRO WORLD NEWS

Brad touches down in Cannes

CELEBRITY LIFESTYLES As the sea along the Cote D'Azur shimmered in the sunshine, Brad Pitt arrived to add some sparkle to his familiar springtime haunt, the Cannes Film Festival, people.com reports.

Pitt was spotted Saturday at the Hotel du Cap, having lunch on a balcony after flying in from the U.S.

The star is in the South of France for his fourth film fest appearance in five years. Angelina Jolie is expected to join him in the next few days.

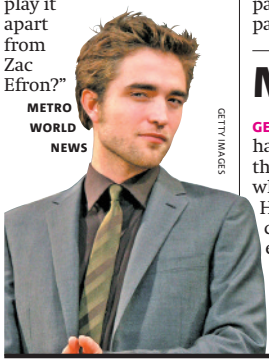
On this visit Pitt is showcasing his movie from director Quentin Tarantino, Inglourious Basterds, which premieres at the festival Wednesday. The filmmaker has described Pitt's character in the WWII drama as "a hillbilly straight from the mountains of Tennessee." METRO WORLD NEWS

I'm ugly, Zac's hot: Robert

FALSE MODESTY? Robert Pattinson admits that he wasn't too keen on auditioning for the role that made him famous in Twilight because he didn't think he was attractive enough.

"The Edward in the book is like an enigma of everything that's perfect about a man. It's like, 'He walked into a room and it hurts to see how beautiful he is.' It's just kind of embarrassing," he tells Look magazine.

"I felt like an idiot going into the audition. Who could possibly play it apart from Zac Efron?" METRO WORLD NEWS



GETTY IMAGES

Paris: Not in my backyard?

NEIGHBOURLY LOVE Paris Hilton's new neighbour wants her gone — and he's willing to pay.

After having Hilton in the area for just five days, the Hollywood Hills resident is fed up with the repeat visits from the cops for loud parties, screaming and yelling, and vandalism, according to TMZ.

He even tried taking it up politely with Hilton's boyfriend, Doug Reinhardt, who reportedly told him, "This is what you have to expect because Paris and I are public figures."

So the angry neighbour is taking it up with Hilton's landlord.

Hilton's home reportedly rents for $22,000 US a month — and the neighbour is offering to pay $27,000 as long as Hilton gets the boot. METRO WORLD NEWS

Fergie cops to bisexual past

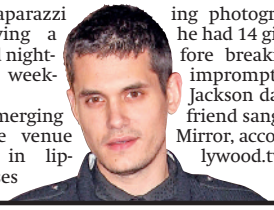
THE PAST Though she's now settled down with husband Josh Duhammel, Black Eyed Peas singer Fergie admits she has a bit of a wild past — and that past includes having sex with women.

"Put it this way, I've experimented definitely, but I have never had a steady girlfriend," she says in an interview with the Sun. METRO WORLD NEWS

Mayer's paparazzi prank

GETTING BACK John Mayer had a little fun with the paparazzi while leaving a Hollywood nightclub this weekend.

After emerging from the venue covered in lipstick kisses on his face and shirt, Mayer announced to the waiting photographers that he had 14 girlfriends before breaking into an impromptu Michael Jackson dance while a friend sang Man in the Mirror, according to hollywood.tv. METRO WORLD NEWS



Life's rosy for Pink

SO HAPPY TOGETHER Just days after admitting to Ellen DeGeneres that she has rekindled her relationship with estranged husband Carey Hart, Pink and her motocross racer man were repeatedly spotted during a romantic, PDA-filled weekend — proving their marriage is back on, people.com.

On Saturday, the on-again couple shared an intimate late lunch for two at Stanley's in Sherman Oaks, the Los Angeles neighbourhood where Pink has a home.

"They looked very much in love and happy to be back together," says an observer of the pair's hour-long meal. "The way Carey treated Pink was so sweet. He was a gentleman and even opened the car door for her." METRO NEWS SERVICES

Lady GaGa's little keepsakes

ODDITY Pop singer Lady Gaga is getting famous for her odd approach to pop music, but she has other interesting rituals, too.

The singer says that after she sleeps with someone, she likes to leave a false eyelash behind as a souvenir.

"Whenever I have a lover I leave them in their apartment on the pillow," she tells Independent magazine. "Kind of like a keepsake." METRO WORLD NEWS

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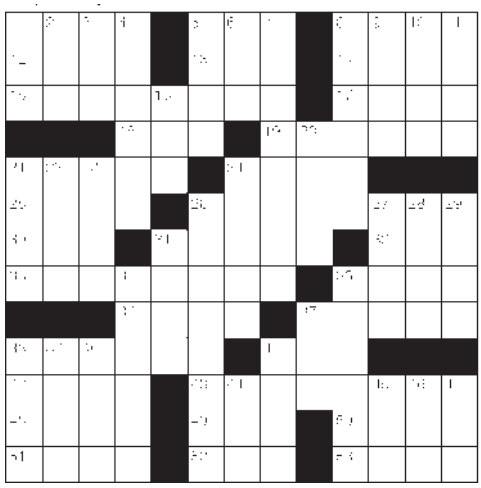


Crossword across

1 Polygraph finds
5 Jewel
8 Emoticon, often
12 Against
13 Floral neckwear
14 Winter forecast
15 Yellowtail fish
17 Roll call reply
18 Hasten
19 Chest component
21 Fire
24 Bruin
25 Ripped
26 Fun-loving women of the 1920s
30 Common Mkt.
31 One-on-one exams
32 Compete
33 Coverings
35 Arizona city
36 Kegler's pathway
37 Talk-show group
38 Mexican entree
41 Cribbage scorer
42 PC symbol
43 They're catching
48 Gaelic
49 Charged bit
50 Nastase of tennis lore
51 Whatever's left over
52 Fox competitor
53 North Sea feeder

Crossword down

1Part of UNLV
2 Hostel
3 Greek vowel
4 Gas thief's device
5 Merriment
6 Always, in verse
7 Slip-ups at the poker table
8 One of the black keys
9 From the beginning
10 Heart
11 Basin accessory
16 Trench
20 Knocks
21 Mulligan, e.g.
22 Gardener, at times
23 Killer whale
24 Boombox sound
26 Wild
27 Still
28 Get up
29 Cachet
31 October stone
34 Pluto, once
35 Heckle or Jeckle
37 Energy
38 Layer
39 Farm fraction
40 Rolling stone's lack
41 Cookware
44 Plagiarize
45 Right angle
46 Cage component
47 Get a glimpse of

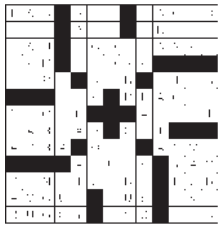
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

		6	3	5		1		9
1		8	2					6
	7							
3		4			1			
		2				5		
			4			3		2
							5	
6					4	7		3
4		7		9	5	8		

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



6	9	8	4	7	5	1	2	3
4	3	1	9	2	6	7	8	5
7	5	2	8	3	1	4	9	6
5	7	3	1	9	8	6	4	2
2	8	9	6	4	3	5	1	7
1	4	6	2	5	7	9	3	8
9	6	5	3	1	2	8	7	4
8	2	4	7	6	9	3	5	1
3	1	7	5	8	4	2	6	9

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Chicken Chow Mein

INGREDIENTS:

4 skinned and boned chicken breast halves cut into bite-size strips
Nonstick cooking spray
2 tbsp (25 ml) vegetable oil
2 stalks celery, cut into 1-in. (2.5-cm) pieces
2 medium yellow onions, halved and sliced
2 cloves garlic, minced
1 1/4 cups (300 ml) low-sodium chicken broth
1/4 cup (50 ml) low-sodium soy sauce
2 tbsp (25 ml) cornstarch
1 tbsp (15 ml) firmly packed brown sugar
1 can (14 oz/398 ml) mixed Chinese vegetables, drained
1 can (8 oz/199 ml) sliced water chestnuts, drained
3 cups (750 ml) chow mein noodles

METHOD:

1. Rinse chicken; drain and pat dry. Coat wok or heavy 12-in. (30-cm) skillet with cooking spray. In wok or skillet, heat 1 tbsp (15 ml) oil over moderately high heat. Add chicken and stir-fry until cooked through, 3 minutes. Using slotted spoon, remove chicken from wok. Cover and keep warm.
2. Heat remaining 1 tbsp (15 ml) oil in wok. Add celery, onions and garlic. Stir-fry until almost tender, 2 minutes.
3. In small bowl, whisk chicken broth, soy sauce, cornstarch and brown sugar. Add to wok along with Chinese vegetables and water chestnuts. Bring to boil and cook until sauce thickens and vegetables are heated through, 1 minute.
4. Return cooked chicken along with any juices to wok. Bring to boil and cook until heated through, 1 minute. Spoon chicken mixture over chow mein noodles.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton

sallybrompton.com

ARIES ♈
MARCH 21-APRIL 20
You may be tempted to do something outrageous but there's a danger you'll go too far and others will think you're too extreme.

TAURUS ♉
APRIL 21-MAY 21
The sun may be ending its transit of your sign but you'll get a final throw of the dice today; your lucky number will come up.

GEMINI ♊
MAY 22-JUNE 21
The sun's entry into your birth sign tomorrow marks an exciting new phase, in which you'll be encouraged to aim higher than ever.

CANCER ♋
JUNE 22-JULY 22
Act on impulse today. Not only will you have a lot of fun but you'll impress people who can help make your dreams come true.

LEO ♌
JULY 23-AUG 23
This could be one of the best days for getting things done, especially at work. you can win over colleagues and employers.

VIRGO ♍
AUG 24-SEPT 22
Make an effort to reach out to people today, especially people you look up to. You can never have too many powerful friends.

LIBRA ♎
SEPT 23-OCT 23
You may be entitled to feel pleased with yourself but even better opportunities are now coming your way. Always aim higher.

SCORPIO ♏
OCT 24-NOV 22
You can expect some kind of reward for working with others towards a common aim or goal over the past few weeks.

SAGITTARIUS ♐
NOV 23-DEC 21
A friend or colleague may have done something shocking but you don't know the tangle of reasons for it; try not to be judgmental.

CAPRICORN ♑
DEC 22-JAN 20
Let those who are trying to impose limits on what you say and do know you'll never assent to that kind of censorship.

AQUARIUS ♒
JAN 21-FEB 18
You won't lack advice, but the sun's upcoming transit of the most dynamic area of your chart will encourage you to do your own thing.

PISCES ♓
FEB 19-MARCH 20
The more of an effort you make to be nice to people today the more likely it is that Lady Luck will smile on you.

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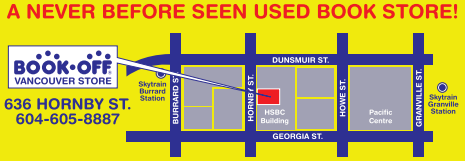

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Aloha - Run of the house
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$799 Taxes & fees: $159

Santa Clara via Calgary
Meliá Las Dunas • 4 ★
All-Inclusive • Standard rm.
May 31 - June 13 • 1 wk.
$859 Taxes & fees: $212

Santa Clara via Calgary
Occidental Royal Hideaway Ensenachos • 5 ★
All-Inclusive
Supersaver Royal Spa rm.
May 31 - June 13 • 1 wk.
$1239 Taxes & fees: $212

Turks & Caicos via Toronto
Ocean Club Resort • 4 ★
Studio deluxe suite
June 6, 13 & 20 • 1 wk.
$1159 Taxes & fees: $241

Liberia, Costa Rica via Toronto
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